Technosphere is right around the corner and some of your state officers have some tips and tricks for you!

Virginia TSA, we are ready for you!
Tips from Maggie,

- Get to know people from other chapters or regions. It’s great to come out of your shell and make new friends!
- Talk to the officers because they’re there to inspire you and help you become the leader YOU want to be.
- Go to the mixer, enter raffles, buy food or TSA merch!
- Try as hard as you can on each and every competition you do. Even if you don’t get top ten or top three, all that matters is that you put your heart into it!
- Be yourself in LEAP interviews - the judges love jokes!

~ Maggie Dube, South Central Regional TSA President
- Make sure you stay hydrated and eat a good breakfast every morning before competitions begin. Consider carrying a backpack so you can keep a water bottle and a small snack (like a granola bar) with you throughout the day. You'll feel much more confident in your interviews if you aren't distracted thinking about how hungry you are!
- Find time to stop by the Enterprising Booth during the conference. New items are added every year, and you can also get discounted gear from past conferences.
- Print extra copies of everything, whether it be pages for your binders, LEAP resumes, or any other form your advisor has sent you. You never know if a teammate might need an extra form or a sheet accidentally tears.
- Attending the business session is a highlight of the conference. Not only will you get to witness history in the making as voting delegates debate amending our bylaws, but you'll also be more prepared to participate at the national level!

~ Jessica Strait, National TSA Vice President
Tips from Jenna

- Go watch the open competitions during your downtime! My favorite event to observe is Flight Endurance.
- Don't forget the importance of sleep when preparing for your competitions. Sleep deprivation will definitely hinder you in semifinalist interviews and will make your Technosphere experience less enjoyable.
- Start up a conversation with fellow competitors as you wait for your semifinalist interview time slot. Talking to someone will take your mind off of your nervousness and will maybe even help you make a new friend!

~ Jenna Benzing, Virginia TSA Sergeant at Arms
Tips from Mithra

- Make sure you work ahead of time
- Double check that you have all of the necessary materials for your events before leaving for Technosphere
- Bring homework or AP exam prep for downtime
- Make the most of the experience! Technosphere is a great place to make friends and meet new people

~ Mithra Dhinakaran, Northern Regional TSA President
Things to look out for at Technosphere!

- Come out to the Mixer on Saturday night! The theme is “Retro” so make sure to pack clothes which would fit the theme! If you forget, just come out in your TSA Uniform right after the business meeting on Saturday night!
- At the mixer, there will also be a section for a silent auction which will be taking place after the business meeting on Saturday night as well.
- The silent auction has baskets ranging from Candy to Gaming to Spa!!
- Remember that you can use your soda can tabs which you have collected, in order to put your name into the raffle at the enterprising booth. Three soda can tabs will get your name put in once into the drawing.
- Make sure to stop by the Enterprising Booth! We have some great TSA merchandise and Technosphere T-shirts!

Most importantly, make sure you get enough rest each night so that you are ready for your challenges!!

Good luck to everyone!